



After Care for Brow Tattoo

Day One: Gently wipe the area with dampened cotton pads and soap (you will be given a pack to get you started), this is most important in the first few hours, do it every 20 mins for the first few hours and then hourly for the rest of the day if need be. To make the mixture, pump half a pump of any natural soap into the zip lock bag with some water, close bag and shake and then soak some cotton pads in the mixture. Make sure to squeeze them out so they are only damp. This is to remove lymph (clear fluid that appears on a wound) as if this settles, it will cause excess scabbing.

Day Two: The brows will be looking darker as the pigment on the skin oxidises. You can continue with your damp pads before applying your balm. Please rather than wiping, just firmly dab over them to keep them clean. As the skin starts to form a crust, we don't want to wipe. You can apply your first application of aftercare balm after 24 hours. Only a tiny bit is needed (less than a grain of rice per brow per application) Do this only 2-3 times per day (as advised). Use a clean cotton tip when applying balm. Do not overuse the balm.

Day 3-10: Keep dabbing morning and night before applying balm. Hygiene is important. At anywhere from day 3-5 the flaking will start (everyone is different), this is a normal part of the healing process, you will have to be gentle when applying the balm. Brows will be itchy, do not pick or scratch as this will pull pigment and cause scarring!! Apply aftercare balm until any flaking has stopped (usually 10 days maximum)

AVOID:

- Getting your tattoo soaking wet. Keep dry apart from the damp pads
- Heavy sweating, to avoid risking infection. Light exercise is fine
- Hot baths, saunas, hot pools, swimming
- Sun tanning, it is so important to protect your brows, wear a hat and glasses. The sun will fade your brows even once healed. Wear an SPF 30 or higher at all times once healed to prevent premature fading
- Laser treatments or chemical peels, once healed the area should be avoided
- AHA and retinol creams/serums on the area. Once healed these can be used but avoid the area
- Smoking and excess alcohol can slow the healing process
- Vaseline/petroleum based products. If you run out of balm use kawakawa or coconut oil
- Makeup on the area. If wearing makeup, carefully apply around the area and remove with face wipe.
- Sleeping on your side if possible (can cause pigment loss on tails)
- Eyebrow growth serums until after touch up session

What else to expect: Until healed (around 7-10 days) the colour will look stronger. It will soften about 30/50%. Pigment can sometimes disappear only to resurface again over the next few weeks, gradually darkening as it settles into the dermis. The flaking is normal from day 3-10 and can often look patchy. Do not panic! Let the flaking come away naturally. Flaking will be different for each individual, depending on the option chosen, skin type and aftercare. Slight swelling and/or redness may be noticed for a few days. Remember it's a process and you may not be 100% happy with your brows until after the touch up, feel free to wear brow makeup on them once they are healed, tinting is fine after a couple of weeks also. The second session is key to perfect your brows. The tattoo will never be as vibrant as topical makeup because it sits in the skin, you may still want to apply brow makeup and/or continue tinting if you want more definition, or for a soft look a brow mascara. This is a personal preference! Your brow tattoo may be low maintenance, not no maintenance.

If you have any irritation from the aftercare balm please stop using and contact me. Feel free to contact me if you have any concerns or questions

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